



**VENN BOULEVARD NURSERY**

# HEALTHY FOOD AND DRINK POLICY

Reviewed By	Approved By	Date of Approval	Version Approved
Claire Goodaire	Venn Academy	Sept 2021	1.1
Gill Bringham	Venn Academy	Sept 2023	1.2

## **Policy Statement**

*The Venn Boulevard Nursery regards snacks as an important part of the day. Eating represents a social time for children and adults and helps children to learn about healthy eating. At snack time and lunch time, we aim to provide nutritious food, which meets the children's individual dietary needs.*

### **Allergies and Food Intolerances**

- All staff, including new staff or cover staff, are made aware of the children's allergies and any action that may need to be taken.
- For the safety of your child, there is a list of children and their allergies or intolerances displayed in the nursery and a comprehensive list is displayed in the kitchen. This is reviewed and updated regularly. This information is available for your child's safety, however, due to GDPR, a signed parental agreement is required for this to be shared with others.
- In cases where there is a likelihood of a severe allergic reaction, the Nursery Manager will have regular updates with parents and carers to ensure everyone continues to follow the correct procedures for the child. All staff are made aware of the emergency procedure for each child, as well as symptoms and the administration of any medication.

### **Food**

- Any food prepared onsite is prepared by staff that hold a current certification for food hygiene.
- At lunchtimes children are provided with a hot meal from the school café, run by Venn Academy Trust.
- Snacks will be provided by the setting or as an alternative parents and carers can provide snacks for their children but must ensure that these are a healthy snack and that they do not contain any allergens that others may be allergic to.
- All snacks that are provided by parents or carers must be handed to staff and clearly labelled with your child's name.

### **Drinks**

- Staff will ensure that water or milk is provided for all children. The children will be given opportunities to drink throughout the session. If a child requests a drink staff will ensure that one is provided.

### **Food Poisoning**

- Ofsted will be notified if any food poisoning occurs which affects two or more children looked after on our premises. This notification will be made as soon as reasonably possible and will be within 14 days of the incident.

Policy written by: Claire Goodaire & Gill Brigham

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